

# Testing an app with children and young people with learning disabilities

Easy Read version of: Going Digital: Testing a digital health app with children and young people with learning disabilities



# About this work

Healthwatch Hertfordshire worked with Hertfordshire County Council to test an app called Hear Me Now.

**healthwatch**  
Hertfordshire



Hear Me Now is app for people with learning disabilities.



The app was made to help people with learning disabilities to look after their health and share information about their health with doctors and nurses.



We asked a group of children and young people with learning disabilities to test the Hear Me Now app and to tell us what they like and do not like about the app.



# What the group said

The app was made to help people with learning disabilities to look after their health and share information about their health with doctors and nurses.



But they did not use the app for this reason.



They liked to use the app to talk about themselves and their hobbies.



They liked how they could take photos and make videos on the app.



Carers said making videos on the app could help people with learning disabilities talk to doctors and nurses about their health.



They needed help from their carer to use the app.



Sometimes the Carers found the app hard to use too.

They said it was hard to share information with doctors and nurses.



They were not sure if doctors and nurses would have time to learn how to use the app.



Carers were worried about how safe the app is for people with learning disabilities to use.



They said the cost of the app is too much.



# What Hertfordshire County Council said

Hertfordshire County Council will tell people with learning disabilities about the Hear Me Now app.



It will tell people with learning disabilities about other apps too.



This will let people with learning disabilities choose their favourite app.



It will also let people with learning disabilities choose an app that helps them to look after their health and share information about their health with doctors and nurses.



This will include free apps and apps that you need to pay for.





# Thank you!

Healthwatch Hertfordshire and Hertfordshire County Council would like to say a big thank you to the group of children and young people with learning disabilities who helped us!



We would like to say a big thank you to their carers as well for their help!



What you told us was really helpful and will help other people with learning disabilities too.

